

Cosmetic & Laser Center of Annapolis

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Putting Your FRESH FACE FORWARD

Spring is all about renewal and rebirth. After the harsh weather of the winter, there is nothing that needs more rejuvenation than your face. To help you put your best face forward this spring, we have asked experts in Dermatology, Dentistry, and Nutrition to give their best tips on enhancing and maintaining the natural beauty of your skin, lips, teeth, and eyes.

SKIN

Beautiful skin is always one of the major trends on the runways during Spring Fashion Week. From Anna Sui to Balmain, every designer features radiant glowing skin as the key accessory to their spring pieces. As spring and summer approaches, there are things you can do now to transform your skin from its winter woes and have that fresh face look.



DAILY MAINTENANCE: Although having that perfect sun kissed look is truly chic during the spring and summer seasons, you should keep in mind that the sun can be your skin's worst enemy. Everyone's daily skin maintenance routine should include the use of sunscreen.

Dr. David Green, dermatologist at the Cosmetic Laser Center of Annapolis (www.AnnapolisCosmeticCenter.com) and dermatology office in Bethesda, Maryland (www.LaserDerm.net), told TAQWA IMAN that "sunscreens should be used throughout the year but they are absolutely necessary during the spring and summer months."